# Inventory Tracker

| Item | Qty | Best By/ Use By Date | Eat ASAP? | Status (Out/Low/Enough) |
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Reflection: What items are frequently bought in abundance? What items are commonly wasted?

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Best By Dates signal when food quality may start to change. The Use By Date is the estimated last day of a food's peak quality. These dates do not refer to food safety risks.

CENTER FOR Food Conservation & Waste Reduction